To: Sarah Odum, Curriculum Coordinator EHE

From: Joshua Bomser, UG Studies Chair

Date: 5/25/2016

Re: Program Change for Nutrition Minor

Human Nutrition is requesting a program change for the Nutrition Minor. The change would remove HN 4504, Nutrition Education and Behavior Change, as an option for students pursuing the nutrition minor.

**Rationale for change:** HN 4504, Nutrition Education and Behavior Change, is designed to provide students with fundamental knowledge in theories of behavior change, learning theory for nutrition education, and program development based on sound theoretical principles. The course is designed to meet the learning objectives established by the Academy of Nutrition and Dietetics for students pursuing the dietetics track in nutrition. Students outside of this degree track do not have the background knowledge to perform well in the course.

**Impact on students:** This change will have minimal impact on students wishing to minor in nutrition. Nine courses (19 total credits hours) are still available to complete the remaining 9 credit hours of coursework needed for the nutrition minor.

The current advising sheet for the nutrition minor, as well as the “proposed” advising sheet are included for your review. Thanks for considering this request.
Human Nutrition (HUMNNTR-MN)

The minor in human nutrition consists of 15-20 credit hours and is designed to provide the student with an introduction to the area of human nutrition. The minor is composed of the following courses:

**Required Courses (6 credits):**
- **HUMNNTR 2310** Fundamentals of Nutrition (3) (Prereq: BIOLOGY 1113 or 1101, and CHEM 1210 or 1610 or 1910; and CHEM 1220 or 1620 or 1250)
- **HUMNNTR 3506** Nutrition across the Life Span (3) (Prereq: 2310)

Choose remaining courses (to complete a total of at least 15 semester hours) from the following:
- **HUMNNTR 2295** Careers in Nutrition (1)
- **HUMNNTR 2314** Fundamentals of Food (3) (Prereq: 2310 and Human Nutrition minor)
- **HUMNNTR 2450** Foodservice Sanitation and Safety (1)
- **HUMNNTR 3704** Public Health Nutrition (2) (Prereq: 2310)
- **HUMNNTR 3313** Food in Different Cultures (2) (Prereq: 2310)
- **HUMNNTR 3415** Global Nutrition Issues (2) (Prereq: 2310)
- **HUMNNTR 4609** Macronutrient Metabolism (3) (Prereq: C- of above in 2310; and BIOCHEM 2210 and CHEM 2310, or BIOCHEM 4511, or MOLBIOC 3311 and 3312; and EEOB 2520 or PHYSIO 3200)
- **HUMNNTR 4610** Micronutrient & Phytochemical Metabolism (3) (Prereq: 4609 and C- of higher in 2310 and Human Nutrition major)
- **HUMNNTR 5705** Nutrition and Physical Performance (2) (Prereq: 4609)

**Human Nutrition minor program guidelines**
The following guidelines govern minors:

**Required for graduation** No

**Credit hours required:** A minimum of 18 credit hours. 1000-level courses shall not be counted in the minor. At least 6 credit hrs must be upper-level hours as defined by the College of Education and Human Ecology.

**Transfer and EM credit hours allowed** A student is permitted to count up to 6 total hours of transfer credit and/or credit by examination toward the minor.

**Overlap with the GE** A student is permitted to overlap up to 6 credit hours between the GE and the minor.

**Overlap with the major and additional minor(s)**
- The minor must be in a different subject than the major.
- The minor must contain a minimum of 12 hours distinct from the major and/or additional minor(s).

**Grades required**
- Minimum C- for a course to be listed on the minor.
- Minimum 2.00 cumulative point-hour ratio required for the minor.
- Course work graded Pass/Non-Pass cannot count on the minor.
- No more than 3 credit hours of coursework graded Satisfactory/Unsatisfactory may count toward the minor.

**X193 credits** No more than 3 credit hours.

**Minor approval:** Early declaration of the minor and early consultation with the academic program coordinator in the College of Education and Human Ecology to discuss course choices is highly encouraged.

**Filing the minor program form** The minor program form must be filed at least by the time the graduation application is submitted to a college/school counselor. Early declaration is highly encouraged.

**Changing the minor** Once the minor program is filed in the college office, any changes must be approved by the academic program coordinator in the College of Education and Human Ecology.
Human Nutrition (HUMNTR-MN)

Human Nutrition minor program guidelines
The following guidelines govern minors:

Required for graduation No

Credit hours required A minimum of 15 credit hrs. 1000 level courses shall not be counted toward the 15 credit hr minimum.

Transfer credit hours allowed A maximum of 6

Overlap with the GE Permitted

Overlap with the major Not allowed and
• The minor must be in a different subject than the major.
• Courses specified on the major that are also part of an established minor can be counted toward both the major and the minor.

Overlap between minors Each minor completed must contain 12 unique hours.

Grades required
• Minimum C- for a course to be listed on the minor.
• Course work graded Pass/Non-Pass cannot count on the minor.

Minor Approval Early declaration of the minor and early consultation with an academic advisor to discuss course choices is highly encouraged. Any variation from the coursework described on the minor sheet needs the approval of an academic advisor in a department/school or the academic program coordinator in the College of Education and Human Ecology. If you follow the course guidelines on the minor sheet with no variation, no additional approval is required.

When preparing to graduate:
• If “OK” appears next to your minor on your DAR, you have met the minor requirements and the minor can be officially approved.
• If “NO” appears next to your minor on the DAR, you must meet with an academic advisor or the academic program coordinator listed on the minor sheet.
• If your minor does NOT appear on your DAR, you must meet with an academic advisor or the academic program coordinator listed on the minor sheet.

Filing the minor program form Students must declare their minor with the College of Education and Human Ecology at least by the time the graduation application is submitted. Early declaration is highly encouraged.

Changing the minor Once the minor program is filed in the college office, any changes must be approved by an academic advisor.

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HUMNTR 2310 Fundamentals of Nutrition (3)
HUMNTR 3506 Nutrition across the Life Span (3)

Choose remaining courses (to complete a total of at least 15 semester hours) from the following:
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HUMNTR 2450 Foodservice Sanitation and Safety (1)
HUMNTR 3704 Public Health Nutrition (2)
HUMNTR 3313 Food in Different Cultures (2)
HUMNTR 3415 Global Nutrition Issues (2)
HUMNTR 4609 Macronutrient Metabolism (3)
HUMNTR 4610 Micronutrient & Phytochemical Metabolism (3)
HUMNTR 4504 Nutrition Education & Behavior Change (3)
HUMNTR 5705 Nutrition and Physical Performance (2)