# Term Information

<table>
<thead>
<tr>
<th>Effective Term</th>
<th>Spring 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Previous Value</td>
<td>Summer 2013</td>
</tr>
</tbody>
</table>

# Course Change Information

**What change is being proposed? (If more than one, what changes are being proposed?)**
The prerequisite of "Graduate Standing" is understood for 6000 or higher courses, as is "or Permission of Instructor." Neither needs listed.

**What is the rationale for the proposed change(s)?**
The prerequisite of "Graduate Standing" is understood for 6000 or higher courses, as is "or Permission of Instructor." Neither needs listed.

**What are the programmatic implications of the proposed change(s)?**
(e.g. program requirements to be added or removed, changes to be made in available resources, effect on other programs that use the course)?
This change will reduce wording in the course bulletin and simplify coding in SIS.

**Is approval of the request contingent upon the approval of other course or curricular program request?** No

**Is this a request to withdraw the course?** No

# General Information

<table>
<thead>
<tr>
<th>Course Bulletin Listing/Subject Area</th>
<th>Kinesiology: Health&amp;Exercs Sci</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fiscal Unit/Academic Org</td>
<td>Department of Human Sciences - D1251</td>
</tr>
<tr>
<td>College/Academic Group</td>
<td>Education &amp; Human Ecology</td>
</tr>
<tr>
<td>Level/Career</td>
<td>Graduate</td>
</tr>
<tr>
<td>Course Number/Catalog</td>
<td>7896</td>
</tr>
<tr>
<td>Course Title</td>
<td>Colloquium: Health and Exercise Science</td>
</tr>
<tr>
<td>Transcript Abbreviation</td>
<td>Colloq: Ex Sci</td>
</tr>
<tr>
<td>Course Description</td>
<td>A forum for exercise science graduate students to present research proposals and results.</td>
</tr>
<tr>
<td>Semester Credit Hours/Units</td>
<td>Variable: Min 1 Max 10</td>
</tr>
</tbody>
</table>

# Offering Information

<table>
<thead>
<tr>
<th>Length Of Course</th>
<th>14 Week, 7 Week, 4 Week (May Session), 12 Week (May + Summer)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flexibly Scheduled Course</td>
<td>Never</td>
</tr>
<tr>
<td>Does any section of this course have a distance education component?</td>
<td>No</td>
</tr>
<tr>
<td>Grading Basis</td>
<td>Satisfactory/Unsatisfactory</td>
</tr>
<tr>
<td>Repeateable</td>
<td>Yes</td>
</tr>
<tr>
<td>Allow Multiple Enrollments in Term</td>
<td>No</td>
</tr>
<tr>
<td>Max Credit Hours/Units Allowed</td>
<td>10</td>
</tr>
<tr>
<td>Max Completions Allowed</td>
<td>10</td>
</tr>
<tr>
<td>Course Components</td>
<td>Seminar</td>
</tr>
<tr>
<td>Grade Roster Component</td>
<td>Seminar</td>
</tr>
<tr>
<td>Credit Available by Exam</td>
<td>No</td>
</tr>
<tr>
<td>Admission Condition Course</td>
<td>No</td>
</tr>
<tr>
<td>Off Campus</td>
<td>Never</td>
</tr>
<tr>
<td>Campus of Offering</td>
<td>Columbus</td>
</tr>
</tbody>
</table>
Prerequisites and Exclusions

Prerequisites/Corequisites

Previous Value
Prereq: Grad standing in Exercise Science, or permission of instructor.

Exclusions

Cross-Listings

Cross-Listings

Subject/CIP Code

Subject/CIP Code
31.0505

Subsidy Level
Doctoral Course

Intended Rank
Masters, Doctoral

Requirement/Elective Designation

The course is an elective (for this or other units) or is a service course for other units

Course Details

Course goals or learning objectives/outcomes
• Enhance the understanding and proficiency in conducting high quality research in health and exercise science.
• Develop logical, well-organized research proposals and presentations that address meaningful topics of inquiry in health and exercise science research.
• Identify and evaluate the strengths and limitations of health and exercise science research proposals and findings.

Content Topic List
• Develop and refine the personal presentational and public speaking skills necessary to present research proposals and research findings.
• Identify and develop appropriate, insightful questions that are relevant for health and exercise science research presentations.
• Develop and refine the organizational, analytical, and presentational skills necessary to successfully complete presentation of master's theses and doctoral dissertation findings.

Attachments

- 7896_-_Colloquium_Syllabus[1].doc
  (Syllabus. Owner: Odum, Sarah A.)

Comments

- This change request was prompted by issues with student enrollment due to coding and email communication with R. Petosa and J. Ronis. (by Odum, Sarah A. on 05/22/2014 09:43 AM)
## Workflow Information

<table>
<thead>
<tr>
<th>Status</th>
<th>User(s)</th>
<th>Date/Time</th>
<th>Step</th>
</tr>
</thead>
<tbody>
<tr>
<td>Submitted</td>
<td>Odum, Sarah A.</td>
<td>05/22/2014 09:43 AM</td>
<td>Submitted for Approval</td>
</tr>
<tr>
<td>Approved</td>
<td>Buckworth, Janet</td>
<td>05/23/2014 11:38 AM</td>
<td>Unit Approval</td>
</tr>
<tr>
<td>Pending Approval</td>
<td>Achterberg, Cheryl L</td>
<td>05/23/2014 11:38 AM</td>
<td>College Approval</td>
</tr>
<tr>
<td></td>
<td>Warnick, Bryan R.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Odum, Sarah A.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Zircher, Andrew Paul</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The Ohio State University: School of Physical Activity and Educational Service
Graduate Program in Health and Exercise Science
KNHES 7896 – Colloquium in Health Exercise Science

Professor: R. Petosa, Ph.D., FAAHB       E-mail: Petosa.1@osu.edu
Day & Time: Friday, 1:30 p.m. – 2:18 p.m.       Location: PE 109

Registration:
All current graduate students in Health and Exercise Science.

Course Objectives:
The objective of PAES 886, Colloquium in Exercise Science is to enhance the understanding of and proficiency in conducting high-quality research in health and exercise science. This class is primarily a forum for students to present research proposals and research results, including thesis and dissertation results, and to be exposed to related research presented by guest scholars. You also have the opportunity to develop and practice your own presentation skills.

Grading:
Course grades will be assigned as “satisfactory” or “unsatisfactory” (S/U, 1 credit hour).

Attendance:
One absence from a scheduled colloquium per quarter is permitted. More than one absence per quarter will result in a grade of “U.”

Colloquium Presentations:
Colloquium presentations may be arranged with by faculty and students. Arrangements should be made as early as possible, but the deadline is noon on Tuesday for the following Friday. Contact Dr. Petosa at petosa.1 to schedule a colloquium presentation. If you organize a colloquium, you become the “host” and responsible for the presentation. The schedule for colloquium will be posted on Carmen for this class.

Types of presentation:
1. Graduate student research proposals are required to be presented in colloquium if they occur during the academic year;
2. Presentations of student research results (thesis, dissertation, projects);
3. Visiting scholars, invited faculty from across campus, or visiting/invited alumni;
4. Research presentations for conferences;
5. Presentations of funded grants; and
6. Special projects faculty or graduate students are involved in
Example Topic list for HES Colloquium

1. Nature and amount of Physical Activity to Promote Fitness.
2. Nature and amount of Physical Activity to reduce risk of Chronic Disease.
3. Nature and amount of Physical Activity need for weight maintenance across the lifespan.
4. Effectiveness of Interventions to Promote Physical Activity Adherence among adults at the workplace.
5. Effectiveness of Interventions to Promote Physical Activity Adherence among Obese adults.
6. Use of Rebreathing apparatus to simulate high altitude training conditions.
7. Evidence to support use of Ergogenic aids to enhance exercise performance.
8. Assessment of Sedentary, Physical Activity and Exercise Behaviors in Free living populations.
9. Regular Exercise as a treatment for Depression.
10. Operational definitions of Exercise, Physical Activity and Sedentary Behavior.
11. Use of technology to assess physical activity in free living environments.
12. Use of exercise to mitigate effects of chemotherapy in cancer patients.
13. Environmental Interventions to promote physical activity: a meta analysis.

References


