Term Information

Effective Term
Summer 2014

General Information

Course Bulletin Listing/Subject Area
Kinesiology: Sprt, Ftms&Hlth Pr
Fiscal Unit/Academic Org
Department of Human Sciences - D1254
College/Academic Group
Education & Human Ecology
Level/Career
Undergraduate
Course Number/Catalog
1194
Course Title
Group Studies: Sport, Fitness and Health Program
Transcript Abbreviation
Group Study - SFHP
Course Description
For groups of students who wish to pursue special studies in sport, fitness and/or health.
Semester Credit Hours/Units
Variable: Min 1 Max 4

Offering Information

Length Of Course
14 Week, 7 Week, 4 Week (May Session), 12 Week (May + Summer)
Flexibly Scheduled Course
Never
Does any section of this course have a distance education component?
No
Grading Basis
Satisfactory/Unsatisfactory
Repeatable
Yes
Allow Multiple Enrollments in Term
Yes
Max Credit Hours/Units Allowed
8
Max Completions Allowed
8
Course Components
Laboratory
Grade Roster Component
Laboratory
Credit Available by Exam
No
Admission Condition Course
No
Off Campus
Sometimes
Campus of Offering
Columbus, Lima, Mansfield, Marion, Newark, Wooster

Prerequisites and Exclusions

Prerequisites/Corequisites
Permission of instructor
Exclusions

Cross-Listings

Cross-Listings

Subject/CIP Code

Subject/CIP Code
31.0599
Subsidy Level
General Studies Course
Intended Rank
Freshman, Sophomore, Junior, Senior
Requirement/Elective Designation

The course is an elective (for this or other units) or a service course for other units

Course Details

Course goals or learning objectives/outcomes

• Reading and/or activities as assigned

Content Topic List

• Varies by topic and instructor

Attachments

• Group Studies Cover Letter.doc
  (Cover Letter. Owner: Shiebler, Charles L)

• 1194 Sample Syllabus (Handball) v1.doc
  (Syllabus. Owner: Shiebler, Charles L)

Comments

• Please note the cover letter to help better explain this course request and associated sample syllabus (by Shiebler, Charles L on 10/16/2013 11:07 AM)

Workflow Information

<table>
<thead>
<tr>
<th>Status</th>
<th>User(s)</th>
<th>Date/Time</th>
<th>Step</th>
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<tbody>
<tr>
<td>Submitted</td>
<td>Odum, Sarah A.</td>
<td>10/18/2013 10:35 AM</td>
<td>Submitted for Approval</td>
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<tr>
<td>Approved</td>
<td>Snyder, Anastasia Rebecca</td>
<td>10/18/2013 10:55 AM</td>
<td>Unit Approval</td>
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<td>Achterberg, Cheryl L</td>
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<td>College Approval</td>
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<td>Warnick, Bryan R.</td>
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<td></td>
<td>Zircher, Andrew Paul</td>
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</table>
To Whom It May Concern,

Attached is the new course proposal for KNSFHP 1194 Group Studies: Sport, Fitness and Health Program (SFHP). Due to the large number of courses (140) and diverse subjects (Aikido to Weight Training) within the SFHP and the nature of a Group Study it is not realistic to provide a single syllabus that would be accurate and appropriate for all possible situations. The provided sample syllabus is an example of one such use of a KNSFHP 1194 Group Study for the Sport, Fitness and Health Program.

Please contact me if you have any questions.

Chuck Shiebler  
Program Manager  
Sport, Fitness and Health Program  
shiebler.1@osu.edu
Course Description

This course is designed to provide the student with a basic level of knowledge and skills of what can become a lifetime sport – Handball. The lessons will stress proper footwork and body position, as well as the proper technique for hitting the ball. The course begins with the basic concepts of a court sport and progresses to where each student should be able to play a competitive game of 4-wall Handball. Each session will begin with a short verbal description of the day’s lesson, followed by a demonstration of what has been described, with student guidance along the way. Students will be shown how to practice each lesson outside of class. The second part of each class will be devoted to either practicing basic skills or playing the game, with the expectation that students will attempt to apply what they have learned. The instructor will provide assistance as appropriate.

Relationship to Other Courses

This is a basic activity course in the Sport, Fitness, and Health Program. It is open to any student at The Ohio State University. There is no prerequisite for this course.
Course Objectives

The student will be able to:

- Understand and apply the rules of 4-wall Handball.
- Explain the safety considerations of Handball.
- Demonstrate fundamental skills such as court positioning and footwork.
- Demonstrate basic hitting techniques with either hand.
- Demonstrate a variety of serves.
- Demonstrate a variety of offensive shots.
- Demonstrate a variety of defensive shots.
- Play either singles or doubles Handball.
- Apply basic court strategy during play.

Off Campus Field Experience

This course does not have an off-campus field experience.

TENTATIVE Topical Outline

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Introduction to Handball / Court safety</td>
</tr>
<tr>
<td>Week 2</td>
<td>Fundamental hand and footwork / Injury prevention</td>
</tr>
<tr>
<td>Week 3</td>
<td>Overhand and sidearm strokes / Ceiling shot</td>
</tr>
<tr>
<td>Week 4</td>
<td>Non-dominant hand development</td>
</tr>
<tr>
<td>Week 5</td>
<td>Rules / Sportsmanship</td>
</tr>
<tr>
<td>Week 6</td>
<td>Passing shot / Back-wall shot</td>
</tr>
<tr>
<td>Week 7</td>
<td>Lob, soft side wall, and Z serves</td>
</tr>
<tr>
<td>Week 8</td>
<td>Offensive play / Shot anticipation</td>
</tr>
<tr>
<td></td>
<td>Mid-term exam (available via Carmen)</td>
</tr>
<tr>
<td>Week 9</td>
<td>Defensive play / Tournament play</td>
</tr>
<tr>
<td>Week 10</td>
<td>Singles strategies</td>
</tr>
<tr>
<td>Week 11</td>
<td>Doubles strategies</td>
</tr>
<tr>
<td>Week 12</td>
<td>Low sidearm &amp; fly shot strokes</td>
</tr>
<tr>
<td>Week 13</td>
<td>Power serve / Power versus finesse</td>
</tr>
<tr>
<td>Week 14</td>
<td>Game variations / Where to play / USHA</td>
</tr>
<tr>
<td></td>
<td>Final exam (available via Carmen)</td>
</tr>
</tbody>
</table>

**No class or exam will be held for this course during final exam week.**
Students are encouraged to take advantage of the RPAC facilities to complement and enhance their in-class physical activity experience.

**Course Requirements / Evaluation**

This course is S/U graded, Satisfactory/Unsatisfactory. *Students must achieve 70% or greater to obtain a Satisfactory grade.*

<table>
<thead>
<tr>
<th>Skills</th>
<th>35 points</th>
</tr>
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<tbody>
<tr>
<td>Knowledge</td>
<td>30 points (midterm and final exam online via Carmen)</td>
</tr>
<tr>
<td>Attendance &amp; Participation</td>
<td>35 points</td>
</tr>
<tr>
<td><strong>TOTAL POSSIBLE POINTS</strong></td>
<td><strong>100 points</strong></td>
</tr>
</tbody>
</table>

Note: Participation is defined as the student’s involvement in all assigned drills and activities. It is during this time that the instructor will monitor and evaluate student progress. Based upon a 100 point total value for the course, of which 35 points are based upon participation, the following guidelines will be used for missed participation.

<table>
<thead>
<tr>
<th>Number of Class Meetings</th>
<th>Number of points deducted per non-participation</th>
</tr>
</thead>
<tbody>
<tr>
<td>28</td>
<td>1.25 points</td>
</tr>
</tbody>
</table>

Students who have arranged through their College to take this course under the Pass/Nonpass grading option must achieve a minimum of 60% to receive a Passing (P) grade.

**Assignment Description**

1. **Skills**
   a) Instructor skills evaluation
      i. Skills evaluation rubric on Carmen
   b) Game play
      i. Cooperation (teamwork)
      ii. Active participation and appropriate manner
      iii. Rules and various shots

2. **Knowledge**
   Knowledge will be assessed through online exam available on Carmen.

3. **Attendance & Participation**
   Students are expected to attend each class session and be prepared to participate fully in all activities. Attendance will be taken daily.
Classroom Policies

1. Attendance Policy

The 10% Rule
The SFHP program has a 10% absence rule. This rule recognizes that situations occur where a student may miss class during the semester. The 10% rule allows students to miss up to 10% of classes for any reason and without points being lost in the area of participation. After a student has missed 10% of the class, the appropriate number of points per nonparticipation will be deducted for each absence as noted in the table above. It is important to note that although an absence (within the 10% guideline) will not result in points being deducted, it will still count toward the total number of absences explained in the 30% rule.

The 30% Rule
As this is a laboratory-based class which centers on learning through participation in class activities, missing more than 30% of the class will result in the student earning a failing grade (i.e. receiving a final grade of ‘E’).

The following guideline will be used:

<table>
<thead>
<tr>
<th>Number of class meetings</th>
<th>Number of absences that results in an “E”</th>
</tr>
</thead>
<tbody>
<tr>
<td>28</td>
<td>Greater than 8</td>
</tr>
</tbody>
</table>

2. Tardiness
Any combination of two tardy arrivals or leaving class early equals an absence. The instructor will determine the tardy time. Due to the potential risk of missing important safety instruction, students will be denied admittance to class if they arrive 15 minutes after the class begins.

3. Excused Absences
An excused absence means that the student will be given an opportunity to make up work that he or she missed. There are four situations, which constitute an “excused absence” from the class meeting time. They are:

1) Students who participate in a documented University sanctioned event
2) Students who have a documented death in the family
3) Students who are observing a religious holiday
4) Students who are too ill or injured to participate in class

In accordance with Faculty Rule 3335-7-15, students who will be participating in University sanctioned events must provide the instructor with a copy of the scheduled events and those classes of which will be missed. This documentation must be on University letterhead, signed by the coach/supervisor, and given to the instructor within the first two weeks of the semester. Students who have missed class due to a death in the family must provide
Group Studies: HANDBALL

documentation of the death (death certificate, obituary, etc.). Students who will be observing a religious holiday must provide date/event written notification to the instructor within the first two weeks of the semester. Students who are too ill or injured to participate in class must provide written documentation from a physician stating that the student cannot participate in class. Any excused absences must be made up within two weeks of the absence and the student must submit an official “SFHP Course Make Up Form.” Failure to complete an “SFHP Course Make Up Form” and the necessary activity within two weeks will result in that absence becoming an unexcused absence. The makeup form is available from the instructor. There will be no make-up of unexcused absences.

4. Dress Code
Students MUST be dressed and ready to play at the beginning of each class. Appropriate attire is gym shorts and t-shirt. Distracting or inappropriate clothing is not allowed. NON-MARKING “court” or “tennis” shoes are required. Approved eye protection must be worn whenever on the court.

5. Equipment Policy
Each student must have at least one pair of DRY handball gloves, at least one new (or fairly new) USHA “White label” ball, and approved eye guards. Prior to the start of the semester, students will be advised via OSU email where to obtain equipment.

6. PAR-Q
Because of the potential risk associated with certain activities, all students enrolled in this course are required to complete the Physical Activity Readiness Questionnaire (PAR-Q). The student’s PAR-Q must be completed prior to their participating in any class activity. Furthermore, if any question on the PAR-Q is answered with a ‘Yes’, the student must provide additional documentation from a physician, which gives the student permission to participate in the class.

Academic Misconduct

The Ohio State University’s Code of Student Conduct (Section 3335-23-04) defines academic misconduct as: “Any activity that tends to compromise the academic integrity of the University, or subvert the educational process.” Examples of academic misconduct include (but are not limited to) plagiarism, collusion (unauthorized collaboration), copying the work of another student, and possession of unauthorized materials during an examination. Ignorance of the University’s Code of Student Conduct is never considered an “excuse” for academic misconduct. If the instructor suspects that a student has committed academic misconduct in this course, they are obligated by University Rules to report suspicions to the Committee on Academic Misconduct. If COAM determines that the student has violated the University’s Code of Student Conduct (i.e., committed academic misconduct), the sanctions for the misconduct could include a failing grade in this course and suspension or dismissal from the University. For additional information, see the Code of Student Conduct. [http://studentaffairs.osu.edu/resource.csc.asp](http://studentaffairs.osu.edu/resource.csc.asp)
ODS Statement
Any student who feels s/he may need an accommodation based on the impact of a disability should contact one of the instructors privately to discuss specific needs. The Office of Disability Services is relied upon for assistance in verifying the need for accommodations and developing accommodation strategies. Please contact the Office for Disability Services at 614-292-3307 (V) or 614-292-0901 (TDD) in room 150 Pomerene Hall to coordinate reasonable accommodations; http://www.ods.ohio-state.edu/. Please make sure that students know they will be expected to follow Americans with Disabilities Act Guidelines for access to technology.

Statement on Diversity
The College of Education and Human Ecology affirms the importance and value of diversity in the student body. Our programs and curricula reflect our multicultural society and global economy and seek to provide opportunities for students to learn more about persons who are different from them. Discrimination against any individual based upon protected status, which is defined as age, color, disability, gender identity or expression, national origin, race, religion, sex, sexual orientation, or veteran status, is prohibited.

The School of Physical Activity and Educational Services (PAES) is committed to maintaining a community that recognizes and values the inherent worth and dignity of every person; fosters sensitivity, understanding, and mutual respect among its members; and encourages each individual to strive to reach his or her own potential. In pursuit of its goal of academic excellence, the School seeks to develop and nurture diversity, believing that it strengthens the organization, stimulates creativity, promotes the exchange of ideas, and enriches campus life. The School of PAES prohibits discrimination against any member of the school’s community on the basis of race, religion, color, sex, age, national origin or ancestry, marital status, parental status, gender identity, sexual orientation, ability status, health status, or veteran status.

Grievances and Solving Problems
According to University Policies, available from the Division of Student Affairs, if you have a problem with this class, “You should seek to resolve a grievance concerning a grade or academic practice by speaking first with the instructor or professor: Then, if necessary, with the department chairperson, college dean, and provost, in that order. Specific procedures are outlined in Faculty Rule 3335-7-23, which is available from the Office of Student Life, 208 Ohio Union.” “Grievances against graduate, research, and teaching assistants should be submitted first to the supervising instructor, then to the chairperson of the assistant’s department.”

Technology
The use of Carmen is employed in this course for receiving the syllabus, online lessons, assignment distribution and submission, quizzes and exams, and communication (via Carmen email). Web Address: www.carmen.osu.edu You will need an OSU username and password to access the site. Your password for Carmen will be the same password that you use for email, etc.