Term Information

Effective Term: Spring 2014
Previous Value: Summer 2012

Course Change Information

What change is being proposed? (If more than one, what changes are being proposed?)
Adding C- or better for prerequisite course, removing some prerequisite courses, limiting the course to Human Nutrition and Medical Dietetics majors.

What is the rationale for the proposed change(s)?
1) A C- is currently required in all Human Nutrition courses to graduate. This will help our students determine that they need to change majors sooner. Right now we have about a dozen students each year that do not get the required C- in our junior and senior level advanced Nutrition courses. This is too late for them to change majors, yet they have to spend an extra year in school to repeat these courses. Some need to repeat these courses several times. 2) These other courses are not really required to understand the material. This will make it easier for students, as some need to take all of these courses together. 3) Limiting senior level courses to majors only will stop students from taking all of the courses when they have not been admitted to the program.

What are the programmatic implications of the proposed change(s)?
(e.g. program requirements to be added or removed, changes to be made in available resources, effect on other programs that use the course)?
We may lose students who do poorly in our introductory course 2310, as they change majors.

Is approval of the request contingent upon the approval of other course or curricular program request? Yes
Please identify the pending request and explain its relationship to the proposed changes(s) for this course (e.g. cross listed courses, new or revised program)
We are adding C- or better for all prerequisite courses for all of our undergraduate Human Nutrition courses. We are adding the limits to majors for all senior level courses.

Is this a request to withdraw the course? No

General Information

Course Bulletin Listing/Subject Area: Human Nutrition
Fiscal Unit/Academic Org: Department of Human Sciences - D1254
College/Academic Group: Education & Human Ecology
Level/Career: Undergraduate
Course Number/Catalog: 4504
Course Title: Nutrition Education and Behavior Change
Transcript Abbreviation: Nutrition Educ
Course Description: Contemporary theories and models of health education and behavior change related to individuals, groups and communities and applied to field of nutrition. Review of effective communication techniques with individuals and groups.

Semester Credit Hours/Units: Fixed: 3

Offering Information

Length Of Course: 14 Week
Flexibly Scheduled Course: Never
Does any section of this course have a distance education component? No
Grading Basis: Letter Grade
Prerequisites and Exclusions

Prerequisites/Corequisites
C- or above in HUMN NTR 310 or 2310; Human Nutrition or Medical Dietetics Major.

Previous Value
HUMN NTR 310 or 2310; 313 or 3313 or 415 or 3415 or 704 or 3704

Exclusions
HUMN NTR 504

Cross-Listings

Cross-Listings
None

Subject/CIP Code

Subject/CIP Code
51.3101

Subsidy Level
Baccalaureate Course

Intended Rank
Senior

Quarters to Semesters

Quarters to Semesters
Modified or re-envisioned course that includes substantial parts of the content and learning goals of one or more quarter courses

List the current courses by number and title that are to be subsumed into proposed course
Current course, HumnNtr 504 Nutrition Education, has been expanded to also include principles of behavior change, resulting in the conversion of 3 quarter hours to 3 semester hours.

Requirement/Elective Designation

Required for this unit's degrees, majors, and/or minors

Course Details
Course goals or learning objectives/outcomes

- Describe the evolution and scope of nutrition education
- Define nutrition education vs nutrition behavior vs nutrition promotion
- Describe the diverse settings and audiences for nutrition education
- Define the elements (including skills and behaviors) of effective communications with individuals and groups and demonstrate effective practices
- Describe how to provide effective presentations and critical knowledge, skills and behaviors needed to do so
- Define and explain the key constructs of theories/models examined and methods for impacting key constructs
- Explain how key constructs of theories/models examined are measured
- Define target groups for whom each theory/model would be appropriate
- Compare and contrast key constructs from theories/models discussed
- Discuss empirical evidence in support of each theory and opportunities for future research

Content Topic List

- Scope of nutrition education
- Basic communications skills for working with individuals and groups
- Models of individual nutrition behavior change (Health Belief Model; Transtheoretical Model; Theory of Reasoned Action/Planned Behavior/Integrated Behavior Model)
- Models of interpersonal nutrition behavior change (Social Cognitive Theory; Social Networking; Stress, Coping and Health Behavior)
- Community and group models of health behavior change (Organization and Community Building; Organizational Change; Diffusion of Innovations)

Attachments

Comments

Workflow Information

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