The HS UG Studies Committee and I support the thoughtful proposed changes in the HDFS Family Studies Program Sheet.

Best regards,

Janet

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Exercise is Medicine™
Modifications in 2013-2014 HDFS/FS Program Sheet

Added HDFS 4960 as an alternative to HDFS 2900 in the “major requirements” section

Added HDFS 5200 to the “third level writing” section

Added HDFS 2600, HDFS 3620, and HDFS 5430 to the “select additional 18 hours” section

Added “individualized Study” as a specialization (on back of program sheet)
**BACHELOR OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY SCIENCE**  
Human Development and Family Science, Family Studies Specialization  
2013-2014  

**SEMESTER PROGRAM SHEET**  
Effective for NFYS and new transfer students admitted to the College of Education and Human Ecology from SU13 - SP14

<table>
<thead>
<tr>
<th>Name</th>
<th>Advisor</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COURSE &amp; NUMBER</strong></td>
<td><strong>HR</strong></td>
</tr>
<tr>
<td><strong>UNIVERSITY REQUIREMENTS (47-53)</strong></td>
<td></td>
</tr>
<tr>
<td>Writing (6)</td>
<td></td>
</tr>
<tr>
<td>ENGLISH 1110.01 or 1110.02 or 1110.03 + 1193.03</td>
<td>3</td>
</tr>
<tr>
<td>Math Placement M or higher, MATH 1148 or equivalent</td>
<td>0-4</td>
</tr>
<tr>
<td>MATH 1131, 1150, PHILOS 1500, CSE 1111, or 2111</td>
<td>3-5</td>
</tr>
<tr>
<td><strong>MAJOR REQUIREMENTS (19)</strong></td>
<td></td>
</tr>
<tr>
<td>ENG 1110 or 1193.03</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 2367</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4350</td>
<td>3</td>
</tr>
<tr>
<td><strong>ELECTIVES (2-8)</strong></td>
<td></td>
</tr>
<tr>
<td><strong>OPTION REQUIREMENT (28)</strong></td>
<td></td>
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<tr>
<td><strong>HUMANEC 1100 (1)</strong></td>
<td></td>
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<tr>
<td><strong>PROFESSIONAL SPECIALIZATION (18)</strong></td>
<td></td>
</tr>
<tr>
<td><strong>MINIMUM SEM HR REQUIRED</strong></td>
<td>120</td>
</tr>
</tbody>
</table>

1. English 1110.03 must be taken concurrently with English 1193.03
2. Students must complete two Global Issues courses, which are typically met by selecting Literature, Art, Cultures & Ideas, or Historical Study courses that meet this requirement.
3. Two or three courses are needed to complete this requirement. Choose one biological and one physical science course. At least one course must contain a lab. Courses may overlap with Pre-Med requirements; consult the back of the sheet and see your advisor for details.
4. Students must complete one Social Diversity in the US course, which is met by taking PSYCH 1100.
5. Contract developed with faculty/researcher 1 term prior to registration.
6. From suggested supporting courses on the back of this sheet; list courses on back.
7. Program A is for those students who meet the qualifications and want to do fieldwork. A 2.5 CPHR is required for fieldwork; register in department two (2) terms in advance.
8. Courses marked with an *** satisfy some of the requirements to become a Certified Family Life Educator (CFLE).

NOTE: By completing the major requirements (front page) and the coursework in one's specialization area (back page) students may have completed part or all of the coursework to become a Child Life Specialist. If interested in pursuing this credential, please visit (www.childlife.org) and talk with your advisor about it.

Rev. 3/22/133/21/13
The FAMILY STUDIES Option is designed to provide an understanding of human development and family relationships across the lifespan, and to prepare interested students for graduate study and/or professional careers. The "Professional Specialization" component of the Option gives the student the opportunity to select courses and field work experiences in major areas of emphasis. Selection should be guided by students' interests and professional goals. In addition, courses not included in the listings below but contributing to students' professional goals may be considered and approved by an HDFS advisor.

### PROFESSIONAL SPECIALIZATION AREAS -- SUPPORTING COURSES

#### FAMILY/COMMUNITY HUMAN SERVICES

**Required:**
- HDFS 5200 (foundations of CFT)

**Choose from the following courses:**
- AFAM & AST 3361
- CONSCI 3940
- EDUPEL 2571 (ESCHEA 2571)
- CSCFSS 2260
- HDFS 3184
- PSYCH 2311, 2335, 2375, 3312
- SOCWK 1130, 2101, 3597
- SOCIOL 2210, 2380, 2382, 2391
- WGSST 2325, 2326

**NOTE:** Some of the above courses also meet requirements for minors in Sociology, Education, and Women Studies

#### AGING STUDIES

**Required:**
- HDFS 5430 (adult development & aging)

**Choose from the following courses:**
- HTHRHSC 4000, 4400, 5610
- COMM 4401
- EDUPEL 2542 (KNPE 2542), 5703 (KNHES 5703)
- CSCFSS 4270
- HDFS 3189.03, 5893
- HUMNTR 3506
- SOCIOL 5450
- SPHRN 5605

**NOTE:** Some of the above courses also meet requirements for the minor in Aging.

#### ADOLESCENT AT RISK YOUTH

**Required:**
- HDFS 5582 or 5580 (topics in adolescent development or families with adolescents)

**Choose from the following courses:**
- COMLDR 5350
- COMM 4401
- EDUPEL 4215 (ESCFE 4215), 5401
- HDFS 3189.02, 5892 or 5350
- PSYCH 2325, 2331, 2335, 4508, 4511, 5605
- SOCWK 3597, 5014
- CSFRST 2372, 3474

**NOTE:** Some of the above courses also meet requirements for the interdisciplinary minor in Youth Development

#### INTIMACY/SEXUALITY STUDIES

**Required:**
- HDFS 5440 or 5340 (sexuality/intimacy)

**Choose from the following courses:**
- CLASSICS 3215
- COMPSTS 2214, 4845
- EDUPEL 2204 (KNHES 2204), 5614
- EDUPEL 4215 (ESCFE 4215)
- HDFS 3189.02, 5340
- EDUPEL 4215 (ESCFE 4215)
- ENGLISH 4580
- HDFS 3440 or 5340
- HISTORY 2630, 3630
- PSYCH 2333, 3767, 3555
- SOCWK 3597, 5006
- SOCIOL 2340, 5605
- WGSST 2325, 4845

**NOTE:** Some of the above courses also meet requirements for the minor in Sexuality Studies

#### SOCIAL POLICY & POPULATION STUDIES

**Required:**
- HDFS 5980 (topic in family develop)

**Choose from the following courses:**
- HDFS 5897
- PSYCH 2325
- PUBHEHS 2510
- PUBHEHS 2310
- SOCWK 1130, 1140, 3201
- SOCIOL 3407

**NOTE:** Some of the above courses also meet requirements for the minor in Public Health, Sociology, and Public Policy

#### PREMED

All of the following courses are required:
- HDFS 5890 (topic in family develop)
- BIOLOGY 1113, 1114, and one more advanced biological science course (e.g. Molecular Genetics 4500)
- CHEM 1210, 1220
- CHEM 2510, 2520

*these are lectures*
- 2540, 2550
*these are labs*
- PHYSICS 1200, 1201

**RESEARCH IN HDFS**

3193

The following two courses are recommended:
- HUMNTR 2310, 4609

#### INDIVIDUALIZED STUDY

Courses in this specialization area must pertain to a career and must be approved by an EHE advisor

**NOTE --** To pursue a minor, a student will need to speak with his/her HDFS advisor AND an advisor in the minor.