Term Information

Effective Term: Summer 2012

Course Change Information

What change is being proposed? (If more than one, what changes are being proposed?)
To make completion of EDU PAES 3414 a prerequisite.

What is the rationale for the proposed change(s)?
Content and laboratory experiences in EDU PAES 3414 are the foundations of which the applied material in EDU PAES 5685 is based. Under the quarter system, the equivalent of EDU PAES 3414 was a prerequisite for the quarter version of EDU PAES 5685.

What are the programmatic implications of the proposed change(s)?
(e.g. program requirements to be added or removed, changes to be made in available resources, effect on other programs that use the course)?
None

Is approval of the request contingent upon the approval of other course or curricular program request? No

Is this a request to withdraw the course? No

General Information

Course Bulletin Listing/Subject Area: Education:Phys Actvty & Ed Svcs
Fiscal Unit/Academic Org: Schl of Phys Act & Educ Serv - D1270
College/Academic Group: Education & Human Ecology
Level/Career: Graduate, Undergraduate
Course Number/Catalog: 5685
Course Title: Adult Exercise Programming-Implementation
Transcript Abbreviation: Adult Exercise
Course Description: Introduction to adult exercise training and evaluation methods; emphasis on the implementation of programs for the normal healthy adult.
Semester Credit Hours/Units: Fixed: 3

Offering Information

Length Of Course: 14 Week
Flexibly Scheduled Course: Never
Does any section of this course have a distance education component? No
Grading Basis: Letter Grade
Repeatable: No
Course Components: Lecture
Grade Roster Component: Lecture
Credit Available by Exam: No
Admission Condition Course: No
Off Campus: Never
Campus of Offering: Columbus

Prerequisites and Exclusions
Prerequisites/Corequisites
Concur: EDU PAES 5661.01.
Prereq: EDU PAES 3414

Previous Value
Concur: 5661.01.

Exclusions
Not open to students with credit for 685.

Cross-Listings

Subject/CIP Code
Subject/CIP Code 36.0108
Subsidy Level Doctoral Course
Intended Rank Senior, Masters, Doctoral

Quarters to Semesters
Quarters to Semesters Modified or re-envisioned course that includes substantial parts of the content and learning goals of one or more quarter courses
List the current courses by number and title that are to be subsumed into proposed course EduPAES 685: Adult Exercise Programming.

Requirement/Elective Designation
Required for this unit's degrees, majors, and/or minors

Course Details
Course goals or learning objectives/outcomes
Content Topic List
• Apply principles of exercise physiology to adult exercise training and evaluation
• Additional topic: Identify various evaluative procedures used to assess progress and prescribe appropriate levels of exercise
• Additional topic: Employ exercise testing and training procedures which are appropriate and beneficial to the specific subject population
• Describe the methods of administering adult exercise programs in an efficient and safe manner
• Explain recent research relating to the effects of activity and exercise training on health related fitness, coronary disease and associated parameters

Attachments

Comments
## Workflow Information

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