Course Change Information

What change is being proposed? (If more than one, what changes are being proposed?)
Add Lima as campus of offering.

What is the rationale for the proposed change(s)?
Lima mistakenly left off of campuses offering the course.

What are the programmatic implications of the proposed change(s)?
(e.g. program requirements to be added or removed, changes to be made in available resources, effect on other programs that use the course)?
Without this change, students at Lima will not be able to take a course that has traditionally been offered at the Lima campus.

Is approval of the request contingent upon the approval of other course or curricular program request? No

General Information

Course Bulletin Listing/Subject Area            Education: Phys Actvty & Ed Svc
Fiscal Unit/Academic Org                      Schl of Phys Act & Educ Serv - D1270
College/Academic Group                        Education & Human Ecology
Level/Career                                  Undergraduate
Course Number/Catalog                         1147
Course Title                                  Principles of Fitness and Wellness
Transcript Abbreviation                      Princ Fit and Well
Course Description                           Students will study principles of fitness and wellness.
Semester Credit Hours/Units                   Fixed: 1

Offering Information

Length Of Course                              14 Week, 7 Week, 12 Week (May + Summer)
Flexibly Scheduled Course                     Never
Does any section of this course have a distance education component? No
Grading Basis                                  Letter Grade
Repeatable                                     No
Course Components                              Lecture
Grade Roster Component                        Lecture
Credit Available by Exam                       No
Admission Condition Course                    No
Off Campus                                     Never
Campus of Offering                            Columbus, Lima, Mansfield, Marion, Newark, Wooster

Previous Value                                Columbus, Mansfield, Marion, Newark, Wooster

Prerequisites and Exclusions

Prerequisites/Corequisites
Previous Value
Concur: EDU PAES 1148.01, 1148.02, 1148.03, 1148.04, 1148.05, 1148.06, 1148.07, or 1148.08.

Exclusions
Previous Value
Not open to students with credit for EDU PAES 147.
Cross-Listings

Subject/CIP Code

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<tbody>
<tr>
<td>Subsidy Level</td>
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<td>Intended Rank</td>
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Quarters to Semesters

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<th>Modified or re-envisioned course that includes substantial parts of the content and learning goals of one or more quarter courses</th>
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<td>List the current courses by number and title that are to be subsumed into proposed course</td>
<td>EduPAES 147: Conditioning Principles.</td>
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Requirement/Elective Designation

Required for this unit's degrees, majors, and/or minors
The course is an elective (for this or other units) or is a service course for other units

Previous Value

Required for this unit's degrees, majors, and/or minors

Course Details

Course goals or learning objectives/outcomes

Content Topic List

- Intro to Wellness, fitness, and lifestyle management
- Principles of Physical Fitness
- Cardiorespiratory Endurance
- Muscular Strength and Endurance
- Flexibility
- Low Back Health
- Body Composition
- Creating a Complete Fitness Program
- Nutrition
- Weight Management
- Stress Management
- Cardiovascular Health

Attachments
COURSE CHANGE REQUEST
1147 - Status: PENDING

Comments

Workflow Information

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