



THE OHIO STATE UNIVERSITY

CURRICULUM VITAE

Erin Parsons-Christian

(Apr. 2022)

Doctoral Student, Graduate Teaching Associate Counselor Education

The Ohio State University

College of Education and Human Ecology

Department of Educational Studies Counselor Education

305 Annie and John Glenn Ave A305 PAES Building

The Ohio State University Columbus, OH 43210

Christian.308@osu.edu

614-309-2123

EDUCATION

- Doctoral Student (2020 – Present)
 - THE OHIO STATE UNIVERSITY, Columbus, OH
 - Major: Counselor Education
- Master of Science in Education and Allied Professions (2008)
 - University of Dayton, Dayton, OH
 - Major: Clinical Mental Health Counseling
 - Summa Cum Laude
- Bachelor of Arts (2006)
 - Ohio Wesleyan University, Delaware, OH
 - Major: Psychology, Minor: Religion, Middle Eastern Studies specialization

LICENSURES & CREDENTIALS

- Ohio Licensed Professional Clinical Counselor with Supervisory Designation, #E.0700298-SUPV
- Certified Wellness Counselor, 2015
- Multidimensional Family Therapy: National Trainer, 2014
- Multidimensional Family Therapy: Regional Trainer, 2013
- Multidimensional Family Therapy: Clinical Supervisor, 2012
- Multidimensional Family Therapy: Therapist, 2011

PUBLICATIONS

- **Parsons, E.** (2014). News from The Field: MDFT National Trainer Reflects on MDFT Expansion in Columbus, OH. *Multidimensional Family Therapy Newsletter, Issue 1*, 1-3.
- **Parsons-Christian, Moore III, Ford** (2022). Black Professors and a Student-Ally Discuss Teaching and Learning About Anti-Racist, Equitable, Culturally Responsive Education and Educators. *Diverse Issues in Higher Education*.

Media Interviews

- Ohio Counseling Association: Ohio Substance Use Disorder Professionals Chapter: Member Spotlight. “Consider a Career in Substance Use Counseling” by Danijela Vranesevic, LPCC-S, (2022)

Manuscript Reviewer

- *Journal of Education and Urban Society* (2022-present)

PRESENTATIONS

- Shrewbury, S., Cunningham, P., & **Parsons-Christian, E.**, (2021, June) Rethinking Grit and Resilience with Adolescents. 2021 Association of Humanistic Counseling Conference, OH (virtual conference).
- Haag-Granello, D., Lee, D., Blake, T., Choi, J., Cunningham, P., Hamilton, M., **Parsons-Christian, E.** (2021, June) *How to Form a Research Identity in Counselor Education*. 2021 Ohio Association for Counselor Education & Supervision Conference, OH (Virtual Conference).
- **Parsons-Christian, E.**, Lee, D., Blake, T., Choi, J., Cunningham, P., Hamilton, M., Haag-Granello, D., (2021, October) *Helping Doctoral Students Develop a Research Identity in Counselor Education*. 2021 Association for Counselor Education & Supervision Conference, Atlanta, GA.
- Baker, E., **Parsons-Christian, E.**, Herman-McMillian, E., Clapp, S. (2021, October) *Social Justice Supervision Model: Lived Experiences of Counseling Supervisees*. 2021 Association for Counselor Education & Supervision Conference, Atlanta, GA.
- **Parsons-Christian, E.**, Lee, D., (2021, October) *The School to Prison Pipeline: Compounding the Barriers of Underprivileged Populations*. 2021 All Ohio Counselors Conference, Columbus, OH
- Dollarhide, C., Arjune, K., Brashear, K., Culpepper, D., Middleton, T., **Parsons-Christian, E.**, Shrewbury, S., (2021, October) *Decolonizing & Decentering Oppressive*

Structures: Social Justice In School And Clinical Counseling. 2021 All Ohio Counselors Conference, Columbus, OH

- Dollarhide, C., **Parsons-Christian, E.**, Arjune, K., Shrewsbury, S., Herman-McMillan, E., (2022, February) *Social Justice Supervision Model and Practice.* 2022 North Central Association For Counselor Education And Supervision, Webinar

RESEARCH EXPERIENCE & PROJECTS

Research Interests

- Multicultural curriculum and pedagogy
- Culturally competent training and supervision
- Multicultural and social justice counseling advocacy, competency, and practice

Research Experience

- Supervised Experience in Research
 - August 2020–Present
 - Assist in completing research proposals, IRB documents, and Informed Consent Forms
 - Collaborated with research teams when conducting literature reviews.
 - Developed surveys using Qualtrics System
 - Assist in the process of transcription, coding, and analysis of research data
 - Contribute to the completion of manuscripts and journal submission processes.

- Midwest Clinical Research Center
 - Clinical Research Coordinator
 - 2004-2005
 - Organized and implemented clinical trials for companies, including but not limited to Pfizer, Merk & Co., AstraZeneca, Lilly, Bristol-Myers Squibb, and others
 - Collaborated with Psychiatrists and Research Investors to evaluate participants, assess status and monitor progress
 - Managed all regulatory and clinical trial documentation
 - Conducted Quality Control audits, the performance of medical reviews, and facilitated IRB contacts

Research Projects

- Social Justice Supervision Model: Lived Experiences of Counseling Supervisees
 - Principle Investigator: Dr. Colette Dollarhide

- August 2020-Present
- The Ohio State University

- Diversity in CACREP
 - Principle Investigator: Dr. Tanya Middleton
 - August 2021-Present
 - The Ohio State University

- Analyzing the ACA Multicultural and Social Justice Competencies Using Ford's Bloom-Banks Matrix
 - Principle Investigator: Dr. Donna Ford
 - December 2022-Present
 - The Ohio State University

- Decolonizing and De-centering whiteness in Counselor Education
 - Principle Investigator: Dr. Tanya Middleton
 - January 2022-Present
 - The Ohio State University

- Making the Invisible, Visible: An exploration of Classroom Dynamics in Counselor Education Using A Microethnographic Discourse Analysis Approach
 - Principal Investigator: Erin Parsons-Christian
 - January 2022-Present
 - The Ohio State University

TEACHING

- Course Instructor
 - Practicum & Field Experience Course: Clinical & Mental Health Counseling (Spring/2022)
 - Counselor Education, The Ohio State University
 - Oversee all course curriculum, administrative responsibilities, and academic structure for approximately 130-150 students
 - Utilize pedagogical approaches to individualize the diverse educational needs of students
 - Provide lectures using slides, worksheets, and quizzes

- Create course materials and manage them on the Carmen student learning website
- Increase level of support and collaboration between teachers and students

- Graduate Teaching Associate
 - ESCE 5271 Wellness Course: Achieving a Healthy Lifestyle (Fall/2020) (Spring/2021)
 - August 2020-Present
 - Counselor Education, The Ohio State University
 - Oversee all course curriculum, administrative responsibilities, and academic structure for approximately 130-150 students
 - Utilize pedagogical approaches to individualize the diverse educational needs of students
 - Provide lectures using slides, worksheets, and quizzes
 - Create course materials and manage them on the Carmen student learning website
 - Increase level of support and collaboration between teachers and students
 - Provide consultation and feedback on individual wellness assessments and plans
 - Assist with administration of activities in the SMART Lab
 - February 2021-Present
 - Counselor Education, The Ohio State University
 - Assist student exploration of personal models of counseling that integrate theory and practice.
 - Enhancement of counseling skills and applying theory and techniques in practical settings.
 - Facilitate the Development of critical awareness of students' counseling performance
 - Identification of issues of diversity that may impact both understanding and intervention in the counseling relationship and demonstrate appropriate interventions based on a multicultural perspective

- Capital University
 - Adjunct Professor: Department of Psychology
 - 2014-2019
 - Excellent communicator who has strong speaking, writing, research, and analytical skills
 - Highly competent in assessing and evaluating student knowledge base, learning styles, goals, and performance
 - Develop a focused curriculum that fosters academic success by building on strengths and addressing weak areas

- Create an intellectually stimulating classroom environment to equip students with practical learning opportunities
- Utilize a variety of technologies and instructional methodologies to keep courses fresh and engaging
- Mentor struggling students one-on-one regarding course materials and another academic issue
- Help students develop talent through a range of exercises, readings, and discussions using real-world examples
- Establish positive classroom relationships to incorporate an interactive environment and higher-level learning.

TRAINING

- Multidimensional Family Therapy: *National Trainers Conference*
University of Miami Miller School of Medicine: Miami, FL, June 2015
- Multidimensional Family Therapy: *Introductory Training*
Maryhaven: Columbus, OH, September 2014
- Multidimensional Family Therapy: *National Trainers Conference*
University of Miami Miller School of Medicine: Miami, FL, May 2014
- Multidimensional Family Therapy: *Introductory Training*
Cleveland, OH, December 2013
- Multidimensional Family Therapy: *Introductory Training*
Cleveland, OH, November 2013
- Multidimensional Family Therapy: *National Trainers Conference*
University of Miami Miller School of Medicine: Miami, FL, May 2013
- Multidimensional Family Therapy: *Introductory Training*
Maryhaven: Columbus, OH, February 2013

SUPERVISION

- Graduate Teaching Associate: Clinical Mental Health Practicum and Internship Program Coordinator (Fall 2021/Spring 2022)
 - Organization and management of doctoral and site supervision correspondence of student field placement experiences
 - Coordination and facilitation of bi-weekly supervisors meetings, weekly doctoral supervision sessions, and semi-annual practicum and internship site visits
 - Responsible for tracking and monitoring students' evaluations, supervision notes, and practicum and supervision hours via supervision assist platform
 - Collaboration with Human Resources, APL office, and the OSU Clinical Counseling Center to adhere to CSWMFT Board licensure and clinical practice guidelines

- Counselor Education, The Ohio State University
 - Clinical Counseling Doctoral Supervisor
 - August 2020-Present
 - Providing individual and group supervision for clinical counseling masters students under professional supervision from the Counselor Education faculty

- MDFT International
 - National Trainer: Multidimensional Family Therapy Consultant
 - 2013-Present
 - Provides intensive clinical and administrative training to Supervisors and Therapists at MDFT site locations
 - Reviews biopsychosocial assessments, case conceptualizations, and video footage of therapy sessions
 - Provide clinical feedback of session plans during weekly case consultation calls

- Maryhaven
 - Clinical Supervisor: Adolescent Services, Multidimensional Family Therapy
 - 2012-2015
 - Direct MDFT Clinical Supervision - complete case reviews, video reviews, and live supervision sessions per MDFT protocol in adherence to the fidelity of the model
 - Provide clinical and administrative supervision to program counseling staff
 - Develop, assign and monitor individualized treatment and continuing care plans in cooperation with a multi-disciplinary treatment team

- Participate in supervisor and cohort meetings with FCCS, FCJC, ADAMH Board, and Family Children's First Council
- Collaborate with Franklin County Children's Services, Franklin County Juvenile Court System, and Care Coordination to facilitate successful treatment and aftercare plans for the adolescent population

COUNSELING

- Wellness Counselors, Ltd.,
 - Private Practice: Clinical Counselor and MDFT Family Therapist
 - 2014–Present
 - Individual Counseling, Couples Therapy, Co-parenting, and Family Counseling
 - Assessment, Diagnosis, and Clinical Counseling Services
 - Specialties: Marriage and Family Therapy, Child or Adolescent, Anxiety, Depression, and Substance Use Disorders
 - Utilize approaches, including but not limited to CBT, Gottman, and Family Systems
 - Special Interests

- Maryhaven, 2007-2012
 - Lead Counselor: Adolescent Residential Unit, Teen Care Unit, 2009-2011
 - Lead Counselor: Adult Residential Program, Dan Cannon Hall, 2008-2009
 - Counselor Assistant: Adult Outpatient Services, Safe Pathways Program, 2007-2008
 - Develop, assign, and monitor individualized treatment and continuing care plans in cooperation with a multi-disciplinary treatment team
 - Participate in supervisor and cohort meetings with FCCS, FCJC, ADAMH Board, and Family Children's First Council
 - Provide chemical dependency and mental health counseling (individual, family, and group), diagnostic assessment, crisis intervention, and education to youth and families
 - Collaborate with Franklin County Children's Services, Franklin County Juvenile Court System, and Care Coordination to facilitate successful treatment and aftercare plans for the adolescent population
 - Provided dual-diagnosis treatment to both adult and adolescent populations
 - Focus on Substance Use Mental Health Disorders when working with an adult population

- Specializing in co-occurring disorders tailored to women with solicitation and high-risk behaviors

LEADERSHIP / SERVICE

- President-Elect: OCA: Ohio Substance Use Disorders Professionals Chapter, 2021-present
- Clinical Coordinator: OSU, Department of Counselor Education, 2021-present
- Student Ambassador: OSU, Department of Counselor Education, 2020-2021
- Chair: MDFT International Training Committee, 2013-2015
- Board Member: Maryhaven Women's Advisory Committee, 2013-2015
- Co-Chair, Franklin County Children's Services - Community Based Committee, 2013-2015
- Board Member: Maryhaven LGBT-Q+ Committee, 2012-2015
- Board Member: Ohio Reach & Restore Coalition - Social Services Committee, 2012-2013

AWARDS AND HONORS

- The Program Award for Outstanding Doctoral Student
 - The Ohio State University 2022 Educational Studies Student Recognition Award
- Chi Sigma Iota
 - Counseling Academic & Professional Honor Society International
 - The Ohio State University, Columbus, OH April 2021-Present
- Certificate of Appreciation for Social Work Field Instruction for outstanding performance and lasting knowledge contribution to Ohio Dominican University Social Work Students
 - Ohio Dominican University, Columbus, OH August 2010-May 2011
- Summa Cum Laude
 - University of Dayton, Columbus, OH May 2008

ORGANIZATIONAL MEMBERSHIPS

- American Counseling Association
- Association for Counselor Education and Supervision
- Ohio Counseling Association
- Ohio Association for Counselor Education and Supervision
- American Psychological Association